

E&A NATURE TRAIL (and Elkin Recreation Park)
Plant Inventory – Bill Griffin

Arranged by FAMILY / BOTANICAL NAME

updated May 30, 2025

	Common Name	Botanical *non-native	Family Name
		DICOTYLEDONS	
1	Plantainleaf Pussytoes	Antennaria plantaginifolia	Aster/Composite Asteraceae
2	Solitary Pussytoes	Antennaria solitarius	Aster/Composite Asteraceae
3	Pale Indian Plantain	Arnoglossum atriplicifolium	Aster/Composite Asteraceae
4	Bearded Beggarticks	Bidens aristosa	Aster/Composite Asteraceae
5	Spanish Needles	Bidens bipinnata	Aster/Composite Asteraceae
6	Green-and-gold	Chrysogonum virginianum	Aster/Composite Asteraceae
7	Maryland Golden-Aster	Chrysopsis mariana	Aster/Composite Asteraceae
8	Blue Mistflower	Conoclinium coelestinum	Aster/Composite Asteraceae
9	Lobed Coreopsis	Coreopsis auriculata	Aster/Composite Asteraceae
10	Greater Tickseed	Coreopsis major	Aster/Composite Asteraceae
11	Whorled Coreopsis	Coreopsis verticillata	Aster/Composite Asteraceae
12	Leafy Elephant's Foot	Elephantopus carolinianus	Aster/Composite Asteraceae
13	Devil's Grandmother	Elephantopus tomentosus	Aster/Composite Asteraceae
14	American Burnweed, Fireweed	Erechtites hieraciifolius	Aster/Composite Asteraceae
15	Annual Fleabane	Erigeron annuus	Aster/Composite Asteraceae
16	Philadelphia Fleabane	Erigeron philadelphicus	Aster/Composite Asteraceae
17	Robin's-Plantain	Erigeron pulchella	Aster/Composite Asteraceae
18	Boneset	Eupatorium sp.	Aster/Composite Asteraceae
19	White Wood Aster	Eurybia divaricata	Aster/Composite Asteraceae
20	Hollow Joe-Pye Weed	Eutrochium fistulosum	Aster/Composite Asteraceae
21	Sweet Joe-Pye Weed	Eutrochium purpurea	Aster/Composite Asteraceae
22	Rattlesnake Weed	Hieracium venosum	Aster/Composite Asteraceae
23	Common Cat's-Ear	Hypochaeris radicata	Aster/Composite Asteraceae
24	Tall Blue Lettuce	Lactuca biennisz	Aster/Composite Asteraceae

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25	Wild Lettuce	Lactuca canadensis		Aster/Composite Asteraceae
26	Ox-Eye Daisy	Leukanthemum vulgare		Aster/Composite Asteraceae
27	Three-leaved Rattlesnake Root	Nabalus trifoliolatus		Aster/Composite Asteraceae
28	Lion's Foot Rattlesnake Root	Nabalus serpentarius		Aster/Composite Asteraceae
29	Golden Ragwort	Packera aurea		Aster/Composite Asteraceae
30	Cutleaf Coneflower	Rudbeckia laciniata		Aster/Composite Asteraceae
31	Common Groundsel	Senecio vulgaris	*	Aster/Composite Asteraceae
32	Canadian Goldenrod	Solidago canadensis		Aster/Composite Asteraceae
33	Prickly Sowthistle	Sonchus asper	*	Aster/Composite Asteraceae
34	Common Dandelion	Taraxacum officinale	*	Aster/Composite Asteraceae
35	Coltsfoot	Tussilago farfara	*	Aster/Composite Asteraceae
36	Wingstem	Verbesina alternifolia		Aster/Composite Asteraceae
37	Yellow Crownbeard	Verbesina occidentalis		Aster/Composite Asteraceae
38	Asiatic False Hawksbeard	Youngia japonica	*	Aster/Composite Asteraceae
39	Spotted Jewelweed	Impatiens capensis		Balsam Balsaminaceae
40	Pale Jewelweed	Impatiens pallida		Balsam Balsaminaceae
41	Mayapple	Podophyllum peltatum		Barberry Berberidaceae
42	Indian Tobacco, Puke weed	Lobelia inflata		Bellflower Campanulaceae
43	Clasping Venus's Looking Glass	Triodanis perfoliata		Bellflower Campanulaceae
44	Scarlet Creeper	Ipomoea hederifolia		Bindweed Convolvulaceae
45	Virginia Heartleaf	Asarum virginicum		Birthwort/GingerAristolochiaceae
46	Beechdrops	Epifagus virginiana		Broomrape Orobanchaceae
47	One-Flowered Cancer Root	Orobanche uniflora		Broomrape Orobanchaceae
48	Devil's Bit, Fairy Wand	Chamelirium luteum		Bunchflower Melanthiaceae
49	Black Cohosh	Actaea racemosa		Buttercup Ranunculaceae
50	Wood Anemone	Anemone quinquefolia		Buttercup Ranunculaceae

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51	Tall Thimbleweed	Anemone virginiana		Buttercup Ranunculaceae
52	Lesser Celandine	Ficaria verum	*	Buttercup Ranunculaceae
53	Hepatica, Round-lobed	Hepatica americana		Buttercup Ranunculaceae
54	Small-flowered Buttercup	Ranunculus abortivus		Buttercup Ranunculaceae
55	Bulbous Buttercup	Ranunculus bulbosus	*	Buttercup Ranunculaceae
56	Early Buttercup	Ranunculus fasciculatus	*	Buttercup Ranunculaceae
57	Bristly Buttercup	Ranunculus hispidus		Buttercup Ranunculaceae
58	Hooked Buttercup	Ranunculus recurvatus		Buttercup Ranunculaceae
59	Rue Anemone	Thalictrum thalictroides		Buttercup Ranunculaceae
60	Southern Chervil (Tainturier's)	Chaerophyllum tainturieri		Carrot, Parsley Apiaceae
61	Honewort	Cryptotaenia canadensis		Carrot, Parsley Apiaceae
62	Queen Anne's Lace, Wild Carrot	Daucus carota	*	Carrot, Parsley Apiaceae
63	Black Snakeroot	Sanicula canadensis		Carrot, Parsley Apiaceae
64	Smooth Meadow Parsnip	Thaspium trifoliatum		Carrot, Parsley Apiaceae
65	Asiatic Dayflower	Commelina communis	*	Dayflower Commelinaceae
66	Virginia Spiderwort	Tradescantia virginiana		Dayflower Commelinaceae
67	Hemp Dogbane	Apocynum cannabinum		Dogbane/Oleander Apocynaceae
68	Greater Periwinkle	Vinca Major	*	Dogbane/Oleander Apocynaceae
69	Creeping Myrtle, Periwinkle	Vinca Minor	*	Dogbane/Oleander Apocynaceae
70	Common Evening-primrose	Oenothera biennis		Evening Primrose Onagraceae
71	Wild Comfrey	Andersonglossum virginianum		Forget-Me-Not Boraginaceae
72	Lungwort	Pulmonaria officinalis	*	Forget-Me-Not Boraginaceae
73	Virginia Pennywort	Obolaria virginica		Gentian Gentianaceae
74	Rose Pink	Sabatia angularis		Gentian Gentianaceae
75	Carolina Geranium	Geranium carolinianum		Geranium Geraniaceae
76	Cut-leaved Crane's-bill	Geranium dissectum	*	Geranium Geraniaceae

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77	Wild Geranium	Geranium maculatum		Geranium Geraniaceae
78	Striped Wintergreen, Pipsissewa	Chimaphila umbellata		Heath Ericaceae
79	Indian Pipe, Ghost Flower	Monotropa uniflora		Heath Ericaceae
80	Beaked Corn Salad	Valerianella radiata		Honeysuckle Caprifoliaceae
81	Virginia Jumpseed	Persicaria virginiana		Knotweed Polygonaceae
82	Virginia Knotweed	Polygonum virginiana		Knotweed Polygonaceae
83	Curly Dock	Rumex crispus	*	Knotweed Polygonaceae
84	Dock (Broad-leaved)	Rumex obtusifolius	*	Knotweed Polygonaceae
85	Catchweed Bedstraw	Galium aparine		Madder Rubiaceae
86	Hairy Bedstraw	Galium pilosum		Madder Rubiaceae
87	Blue Field-madder	Galium sherardia	*	Madder Rubiaceae
88	Fragrant Bedstraw	Galium triflorum	*	Madder Rubiaceae
89	Quaker Lady, Bluet	Houstonia caerulea		Madder Rubiaceae
90	Summer Bluet, Venus's Pride	Houstonia purpurea		Madder Rubiaceae
91	Partridgeberry	Mitchella repens		Madder Rubiaceae
92	Creeping Charlie	Glechoma hederacea	*	Mint Lamiaceae
93	Henbit	Lamium amplexicaule	*	Mint Lamiaceae
94	Dead Nettle	Lamium purpurea	*	Mint Lamiaceae
95	White Bergamot	Monarda clinopodia		Mint Lamiaceae
96	Wild Bergamot	Monarda fistulosa		Mint Lamiaceae
97	Beefsteak Plant/Rattlesnake Weed	Perilla frutescens	*	Mint Lamiaceae
98	Selfheal, All-Heal	Prunella vulgaris		Mint Lamiaceae
99	Hoary Mountain Mint	Pycnanthemum incanum		Mint Lamiaceae
100	Lyre-Leaf Sage	Salvia lyrata		Mint Lamiaceae
101	Hairy Skullcap	Scutellaria elliptica		Mint Lamiaceae
102	Winter Cress	Barbarea vulgaris	*	Mustard Brassicaceae

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103	Hairy Bittercress	Cardamine hirsuta		Mustard Brassicaceae
104	Wavy Bittercress	Cardamine flexuosa		Mustard Brassicaceae
105	Dame's Rocket	Hesperis matronalis	*	Mustard Brassicaceae
106	Virginia Pepperweed	Lepidium virginicum		Mustard Brassicaceae
107	False Nettle	Boehmeria cylindrica		Nettle Urticaceae
108	Hog Peanut	Amphicarpaea bracteata		Pea (Legume) Fabaceae
109	Wild White Indigo	Baptisia alba		Pea (Legume) Fabaceae
110	Panicled Trefoil	Desmodium paniculatum		Pea (Legume) Fabaceae
111	Broad-leaved Sweet Pea, Everlasting	Lathyrus latifolius	*	Pea (Legume) Fabaceae
112	Chinese Bushclover	Lespedeza cuneata	*	Pea (Legume) Fabaceae
113	Carolina Vetch	Vicia caroliniana		Pea (Legume) Fabaceae
114	Common Vetch	Vicia sativa	*	Pea (Legume) Fabaceae
115	Fall Phlox	Phlox paniculata		Phlox Polemoniaceae
116	Common Chickweed	Stellaria media	*	Pink Caryophyllaceae
117	Star Chickweed	Stellaria pubera		Pink Caryophyllaceae
118	Blue Toadflax	Nuttallanthus canadensis		Plantain Plantaginaceae
119	Broadleaf Plantain	Plantago major	*	Plantain Plantaginaceae
120	Dwarf Plantain, Virginia Plantain	Plantago virginica		Plantain Plantaginaceae
121	Corn Speedwell	Veronica arvensis	*	Plantain Plantaginaceae
122	Birdeye Speedwell	Veronica persica	*	Plantain Plantaginaceae
123	American Pokeweed	Phytolacca americana		Pokeweed Phytolaccaceae
124	Bloodroot	Sanguinaria canadensis		Poppy Papaveraceae
125	Whorled Loosestrife	Lysimachia quadrifolia		Primrose Primulaceae
126	Swamp Agrimony	Agrimonia parviflora		Rose Rosaceae
127	Goatsbeard	Aruncus dioicus		Rose Rosaceae
128	Virginia Wild Strawberry	Fragaria virginica		Rose Rosaceae

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129	White Avens	Geum canadense		Rose Rosaceae
130	Mock Strawberry	Potentilla indica	*	Rose Rosaceae
131	Blackberry	Rubus argutus		Rose Rosaceae
132	Long-flowered Alumroot	Heuchera longiflora		Saxifrage Saxifragaceae
133	Foamflower	Tiarella cordifolia		Saxifrage Saxifragaceae
134	Mazus	Mazus miquelli	*	Snapdragon Scrophulariaceae
135	Woolly or Greater Mullein	Verbascum thapsus	*	Snapdragon Scrophulariaceae
136	False Flowering Spurge	Euphorbia pubentissima		Spurge Euphorbiaceae
137	White Vervain	Verbena urticifolia		Vervain Verbenaceae
138	Sweet White Violet	Viola blanda		Violet Violaceae
139	American Field Pansy	Viola bicolor		Violet Violaceae
140	Halberdleaf Violet	Viola hastata		Violet Violaceae
141	Southern Wood Violet	Viola hirsutula		Violet Violaceae
142	Common Blue Violet	Viola sororia		Violet Violaceae
143	Southern Yellow Wood-sorrel	Oxalis dillenii		Woodsorrels Oxalidaceae
144	Drummond's Woodsorrel	Oxalis drummondii		Woodsorrels Oxalidaceae
145	Violet Woodsorrel	Oxalis violacea		Woodsorrels Oxalidaceae
		MONOCOTYLEDONS		
146	False Solomon's Seal (Plume)	Maianthemum racemosum		Asparagus Asparagaceae
147	Smooth Solomon's Seal	Polygonatum biflorum		Asparagus Asparagaceae
148	Hill cane	Arundinaria appalachiana		Grass Poaceae
149	Inland Sea Oats	Chasmanthium latifolium		Grass Poaceae
150	Deertongue	Dichanthelium clandestinum		Grass Poaceae
151	Chinese Silvergrass	Miscanthus sinensis	*	Grass Poaceae
152	Crested Dwarf Iris	Iris cristata		Iris Iridaceae

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153	Blue-Eyed Grass	Sisyrinchium angustifolium		Iris Iridaceae
154	Fairy Stars, Blue Pigroot	Sisyrinchium micranthum		Iris Iridaceae
155	Dimpled Trout Lily	Erythronium umbilicatum		Lily Liliaceae
156	Carolina Lily	Lilium Michauxii		Lily Liliaceae
157	Cucumber Root	Medeola virginiana		Lily Liliaceae
158	Yellow Trillium	Trillium luteum		Lily Liliaceae
159	Sweet Betsy	Trillium cuneatum		Lily Liliaceae
160	Sessileleaf Bellflower	Uvularia sessilifolia		Lily Liliaceae
161	Perfoliate Bellflower	Uvularia perfoliata		Lily Liliaceae
162	Adam & Eve Orchid	Aplectum hyemale		Orchid Orchidaceae
163	Showy Orchis	Galearis spectabilis		Orchid Orchidaceae
164	Downy Rattlesnake Plantain	Goodyera pubescens		Orchid Orchidaceae
165	Crane-fly Orchid	Tipularia dicolor		Orchid Orchidaceae
166	Hairy Woodrush	Luzula acuminata		Rushes Juncaceae
167	Loose Flowered Sedge	Carex laxiflora		Sedge Cyperaceae
168	Yellow Star Grass	Hypoxis hirsutablura		Stargrass Hypoxidaceae
169	Chinese Yam	Dioscorea polystachya	*	Yam Dioscoreaceae
170	Wild Yam	Dioscorea villosa		Yam Dioscoreaceae
		TREES, SHRUBS & WOODY VINES		
171	American Chestnut	Castanea dentata		Beech Fagaceae
172	American Beech	Fagus Grandiflora		Beech Fagaceae
173	Swamp White Oak	Quercus bicolor		Beech Fagaceae
174	Southern Red Oak	Quercus Falcata		Beech Fagaceae
175	River Birch	Betula nigra		Birch Betulaceae
176	American Hornbeam	Carpinus caroliniana		Birch Betulaceae

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177	American Hazel	Corylus americana		Birch Betulaceae
178	Staghorn Sumac	Rhus typhina		Cashew (Sumac) Anacardiaceae
179	Poison Ivy	Toxicodendron radicans		Cashew (Sumac) Anacardiaceae
180	American Paw-Paw	Asimina triloba		Custard Apple Annonaceae
181	Baldcypress	Taxodium distichum		Cypress Cupressaceae
182	Eastern Redcedar	Juniperus virginiana		Cypress Cupressaceae
183	Flowering Dogwood	Cornus florida		Dogwood Cornaceae
184	American Black Elderberry	Sambucus canadensis		Elder Viburnaceae
185	Chinese Elder	Sambucus javanica	*	Elder Viburnaceae
186	Mapleleaf Viburnum	Viburnum acerifolia		Elder Viburnaceae
187	Blackhaw	Viburnum prunifolium		Elder Viburnaceae
188	Japanese Snowball	Viburnum plicatum	*	Elder Viburnaceae
189	Ginkgo	Ginkgo biloba	*	Ginkgo Ginkgoaceae
190	Virginia Creeper	Parthenocissus quinquefolia		Grapevine Vitaceae
191	Mountain-Laurel	Kalmia latifolia		Heath Ericaceae
192	Sourwood	Oxydendrum arboreum		Heath Ericaceae
193	Catawba Rhododendron	Rhododendron catawbiense		Heath Ericaceae
194	Pinxter Azalea	Rhodo. periclymenoides		Heath Ericaceae
195	Blue Ridge Blueberry	Vaccinium pallidum		Heath Ericaceae
196	American Holly	Ilex opaca		Holly Aquifoliaceae
197	Japanese Honeysuckle	Lonicera japonica	*	Honeysuckle Caprifoliaceae
198	Old Fashioned Weigela	Weigela florida	*	Honeysuckle Caprifoliaceae
199	Wild Hydrangea	Hydrangea arborescens		Hydrangea Hydrangeaceae
200	American Spicebush	Lindera benzoin		Laurel Lauraceae
201	American Sweetgum	Liquidambar styraciflua		Liquidambar Altingiaceae
202	Tuliptree	Liriodendron tulipifera		Magnolia Magnoliaceae

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203	Cucumber Tree	Magnolia acuminata		Magnolia Magnoliaceae
204	Fraser Magnolia	Magnolia fraseri		Magnolia Magnoliaceae
205	Autumn Olive, Silverleaf	Eleagnus umbellata	*	Oleaster Elaeagnaceae
206	Fringetree	Chionanthus virginicus		Olive Oleaceae
207	Chinese Privet	Ligustrum sinense	*	Olive Oleaceae
208	Princess Tree	Paulownia tomentosa	*	Paulonia Paulowniaceae
209	Mimosa, Silk tree	Albizia julibrissin	*	Pea (Legume) Fabaceae
210	Eastern Redbud	Cercis canadensis		Pea (Legume) Fabaceae
211	Kudzu	Pueraria montana	*	Pea (Legume) Fabaceae
212	Black Locust	Robinia pseudoacacia		Pea (Legume) Fabaceae
213	Shortleaf Pine	Pinus echinata		Pine Pinaceae
214	Eastern White Pine	Pinus strobus		Pine Pinaceae
215	Sycamore	Platanus occidentalis		Plane Platanaceae
216	Tree-of-Heaven	Ailanthus altissima	*	Quassia Simaroubaceae
217	Weeping Cherry	Prunus pendula	*	Rose Rosaceae
218	Black Cherry	Prunus serotina		Rose Rosaceae
219	Multiflora Rose	Rosa multiflora	*	Rose Rosaceae
220	Common Greenbrier	Smilax rotundifolia		Smilax Smilacaceae
221	Carolina Silverbell	Halesia tetraptera		Snowbell Styracaceae
222	Box Elder	Acer negundo		Soapberry Sapindaceae
223	Red Maple	Acer rubrum		Soapberry Sapindaceae
224	Yellow Buckeye	Aesculus flava		Soapberry Sapindaceae
225	Red Buckeye	Aesculus pavia		Soapberry Sapindaceae
226	Chinese Bittersweet	Celastrus orbiculatus	*	Staff-vine Celastraceae
227	Strawberry Bush, Hearts-a-bustin'	Euonymus americanus		Staff-vine Celastraceae
228	Black Walnut	Juglans nigra		Walnut Juglandaceae

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		FERNS & CLUBMOSS	
229	Southern Lady Fern	Athyrium asplenoides	Athyriaceae
230	Eastern Hayscented Fern	Dennstaedtia punctilobula	Dennstaedtiaceae Bracken
231	Sensitive Fern	Onoclea sensibilis	Onocleaceae
232	Rattlesnake Fern	Botrychium virginianum	Ophioglossaceae Adder's-Tongue
233	Cutleaf Grapefern	Sceptridium dissectum	Ophioglossaceae Adder's-Tongue
234	Christmas Fern	Polystichum acrostichoides	Polypodiaceae
235	Southern Maidenhair Fern	Adiantum capillus-veneris	Pteridaceae
236	Broad Beach Fern	Phegopteris hexagonoptera	Thelypteridaceae Marsh Fern
237	New York Fern	Thelypteris noveboracensis	Thelypteridaceae Marsh Fern
238	Running Cedar, Groundcedar	Diphasiastrum digitatum	Lycopodiaceae Clubmoss
239	Shining Club Moss	Huperzia lucidula	Lycopodiaceae Clubmoss
240	Ground Pine clubmoss	Lycopodium Obscurum	Lycopodiaceae Clubmoss
		VARIOUS MOSSES	Phylum Bryophyta
241	New York Scalewort	Frullania eboracensis	Frullaniaceae Liverworts

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